



FREMONT INDOOR 10K

FEBRUARY 7 • 2010

"Northwest Ohio's Original and Premier Indoor 10K Run"

10K Record:	30:42:00	Folk, Matt	2010
2010 Male Champ:	30:42:00	Folk, Matt	
2010 Female Champ:	40:43:00	Bresson, Regina	
2009 Champ:	37:47:00	Gilbert, John	

Runner		2010		2009	
		Finish	Time	Finish	Time
Folk	Matt	1	30:42:00	-	DNP
Esparza	Kris	2	34:21:00	-	DNP
Leck	Don	3	36:06:00	-	DNP
Gilbert	John	4	36:22:00	1	37:47:00
Guardiola	Louis	5	36:33:00	9	46:53:00
Workman	Sonny	6	38:53:00	-	DNP
Baker	Joe	7	39:03:00	-	DNP
Ridell	Matt	8	39:50:00	-	DNP
Messer-Kruse	Tim	9	39:51:00	-	DNP
Slater	Rob	10	40:22:00	3	41:13:00
Bresson	Regina	11	40:43:00	-	DNP
Baker	John	12	40:46:00	-	DNP
Churchya	Devaun	13	41:02:00	-	DNP
Miller	Adam	14	41:25:00	2	37:59:00
Cheek	Charles	15	42:15:00	-	DNP
House	Alex	16	42:17:00	-	DNP
Boyle	Dave	17	42:29:00	-	DNP
Wallingford	Dave	18	42:30:00	-	DNP
Booze	Lee	19	42:37:00	-	DNP
Kolesar	John	20	42:43:00	-	DNP
Radella	Mitch	21	44:02:00	-	DNP
Bruning	Dave	22	44:24:00	-	DNP
House	Mike	23	44:37:00	7	46:15:00
Craft-Ahrens	Amy	24	44:47:00	-	DNP
Wikel	Larren	25	44:53:00	-	DNP
Nagy	Lacy	26	44:54:00	6	45:19:00
Gilbert	Jamie	27	44:56:00	-	DNP
Newcomer	Michael	28	45:15:00	-	DNP
Kolodziejczyk	Beth	29	45:47:00	11	47:43:00
Schneider	Dean	30	45:52:00	-	DNP
Moor	John	31	45:53:00	10	47:12:00
Hitchings	Jeanne	32	45:55:00	8	46:48:00
DeLeon	Eddie	33	46:13:00	13	48:27:00
Jack	Michelle	34	46:24:00	14	48:55:00
Bado	Jim	35	46:49:00	5	45:09:00
Joerg	Robert	36	46:54:00	16	50:46:00
Hoffman	Lisa	37	47:21:00	15	50:35:00
McMullen	Jeremy	38	47:26:00	-	DNP
Schaffer	Justin	39	47:28:00	-	DNP
Durnwalk	Trevor	40	47:35:00	-	DNP
Glick	Andy	41	47:45:00	-	DNP
Glitzbecker	Marc	42	48:02:00	-	DNP
Stierwalt	Tom	43	48:08:00	-	DNP
Tyson	Maddie	44	48:50:00	-	DNP
Lockshin	Julee	45	49:46:00	21	55:02:00
Smith	Scott	46	50:00:00	17	52:33:00
Monsour	Chris	47	50:27:00	-	DNP
Longoria	Candelario	48	50:37:00	-	DNP
Szymanowski	Sarah	49	51:09:00	-	DNP
DiCesare	Julie	50	51:14:00	18	52:49:00
Malan	Amber	51	51:22:00	23	58:18:00
Volz	Sherry	52	51:38:00	-	DNP
Perkins	Danielle	53	52:53:00	-	DNP
Krieger	Jeff	54	54:22:00	19	54:30:00
Ionescu	Monica	55	54:23:00	-	DNP
Hill	Nicole	56	54:53:00	-	DNP
Gabel	Jeff	57	54:58:00	20	54:32:00
Williams	Laura	58	55:32:00	-	DNP
Kaspitzke	Marc	59	55:36:00	-	DNP
Gerber	Gregg	60	55:49:00	-	DNP
Blankenship	Jean	61	56:11:00	-	DNP
Barnhart	Mike	62	56:22:00	-	DNP
Kramer	Maria	63	56:33:00	-	DNP
Schlea	Colleen	64	58:56:00	-	DNP
Tingley	Jenn	65	59:05:00	-	DNP
Burroughs	Cindy	66	59:36:00	-	DNP
Kayavong	Viphot	67	1:00:29:00	-	DNP
Miller	Katie	68	1:01:25:00	-	DNP
Moffett	Anita	69	1:02:38:00	-	DNP
Hoffman	Randy	70	1:04:00:00	24	1:06:02:00
Cooke	Dennis	71	1:05:00:00	-	DNP
Jozwiak	Lisa	72	1:07:00:00	-	DNP
Akenberg	Kathy	73	1:08:00:00	-	DNP
Stromski	Cheryl	74	1:08:44:00	-	DNP
Isaacs	Ashley	75	1:09:00:00	28	1:17:27:00
Kiggins	Jo	76	1:11:00:00	27	1:09:47:00
Calhoun	Tammy	77	1:12:00:00	-	DNP
Kiggins	John	78	1:22:00:00	-	DNP
Atchley	Rachel	79	1:38:00:00	-	DNP
Camp	Terry	80	1:39:00:00	-	DNP
Keller	Jessica			25	1:08:09:00
Leemaster	Andy			4	42:00:00
Merrow	Melissa			22	56:56:00
Soule	Brenda			26	1:08:56:00
Wasserman	Kevin			12	47:43:00